

# Kadaltilla

Adelaide Park Lands Authority

## Adelaide Park Lands Trail Rest Stop Guidelines

**Thursday, 26 February 2026  
Board Meeting**

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Public

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### Purpose

The purpose of this report is to present the Adelaide Park Lands Trail Rest Stop Design Guidelines document (the Guidelines) and provide a short presentation of the accompanying digital tool which shows the location of existing and potential future rest stop locations.

The Guidelines provide a consistent and practical framework for the planning, siting, and design of rest stops along the Adelaide Park Lands Trail. They align with the Adelaide Park Lands Management Strategy – Towards 2036 and the City of Adelaide’s Disability Access and Inclusion Plan 2024-2028, and support improvements to accessibility, inclusion, amenity, and the overall experience of the Adelaide Park Lands for all users.

The Guidelines build on planning completed to improve wayfinding strategies for the Adelaide Park Lands Trail.

The next phase of work, pending budget allocations yet to be determined, will focus on the development of design standards for the Adelaide Park Lands, which aim to:

- Provide a clear and consistent framework for the design of paths, public realm infrastructure, stormwater infrastructure, and urban elements within the Adelaide Park Lands.
- Guide future upgrades, renewals, and new developments to ensure outcomes provide good design quality, are inclusive, and durable.
- Align with the Adelaide Park Lands Management Strategy – Towards 2036, the Adelaide Park Lands Building Design Guidelines, and the Office for Design and Architecture SA (ODASA) Principles of Good Design.
- Establish a shared reference document for the City of Adelaide, consultants, contractors, and partners delivering works within the Adelaide Park Lands, supporting coordinated and consistent implementation.

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### Recommendation

That the Kadaltilla / Adelaide Park Lands Authority:

1. Receives the Adelaide Park Lands Rest Stop Design Guidelines as contained in **Attachment A** of Item 7.1 on the Agenda for the meeting of the Board of Kadaltilla / Adelaide Park Lands Authority held on 26 February 2026.
2. Notes the next phase of work focuses on the development of design standards for the Adelaide Park Lands to provide a clear and consistent framework for the design of paths, public realm infrastructure, stormwater infrastructure, and urban elements within the Adelaide Park Lands.

# Implications

<p>Adelaide Park Lands Management Strategy – Towards 2036</p>	<p><a href="#">Adelaide Park Lands Management Strategy - Towards 2036</a></p> <p><b>Strategy 1.1</b> Create a network of hubs that respond to the needs of growing and changing communities in the city and neighbouring suburbs to create spaces for all South Australians and visitors to enjoy.</p> <p><b>Strategy 2.14</b> Promote the Adelaide Park Lands Trail and enhance to provide greater connections, safer crossings, greening and improved wayfinding with an aim to develop a continuous/unbroken trail linking the Adelaide Park Lands.</p>
<p>2023-2028 Strategic Plan</p>	<p><a href="#">Kadaltilla / Adelaide Park Lands Authority 2023-2028 Strategic Plan</a></p> <p>Strategic Plan Alignment – Environmental Performance</p> <p>2.1 Define, protect, and enhance landscape values and design qualities.</p> <p>2.2 Promote ecologically sustainable initiatives and monitor tree canopy cover, biodiversity, and environmental sustainability and design quality.</p>
<p>City of Adelaide Strategies</p>	<p>The Adelaide Park Lands Trail Rest Stop Design (Guidelines) support and contribute to the delivery of key City of Adelaide strategies including the City Plan – Adelaide 2036, the Integrated Transport Strategy, the Integrated Climate Strategy, and the Disability Access and Inclusion Plan 2024-2028.</p> <p>The Guidelines enable improved access to high-quality Adelaide Park Lands, support walking, cycling and wheeling along the Adelaide Park Lands Trail, contribute to improved thermal comfort and increased tree canopy, and support equitable access for people of all abilities.</p> <p>The Guidelines align with the Greater Adelaide Regional Plan and Green Adelaide’s Urban Greening Strategy by strengthening the Adelaide Park Lands Trail as part of a greenway network that supports a cooler, greener and more biodiverse park lands environment.</p>
<p>Policy</p>	<p>The Guidelines align with the Park Lands and Open Space Asset Management Plan (<a href="#">Link 1</a>) by establishing consistent, maintainable assets that support lifecycle planning, service levels, and future renewal prioritisation across the Adelaide Park Lands.</p>
<p>Consultation</p>	<p>During the development of the Guidelines, consultation was undertaken with the Office for Design and Architecture SA, the City of Adelaide’s Disability Access and Inclusion Panel, and internal teams to inform design, accessibility, and integration outcomes.</p>
<p>Resource</p>	<p>Not as a result of this report</p>
<p>Risk / Legal / Legislative</p>	<p><i>New Women's and Children's Hospital Act 2022 (SA) &amp; North Adelaide Public Golf Course Act 2025 (SA)</i> - Access along the Trail may be temporarily or permanently disrupted due to the North Adelaide Golf Course redevelopment and the new Women’s and Children’s Hospital. Ongoing consultation with the State Government will be necessary to ensure the Guidelines are incorporated into these projects.</p> <p><i>South Australian Motorsport Act 1984 (SA)</i> – consultation with the SA Motorsport Board will be required during any path realignment proposed to facilitate motorsport activities.</p> <p><i>Aboriginal Heritage Act 1988 (SA)</i> – A search of the Register of Aboriginal Sites and Objects will be undertaken prior to any works being undertaken.</p>
<p>Design</p>	<p>The Guidelines align with the Office for Design and Architecture SA Principles of Good Design by promoting functional, accessible, sustainable, and visually cohesive outcomes that reflect best-practice public space design.</p>

Opportunities	The opportunity exists for the City of Adelaide and the State Government to collaborate on enhancing the Adelaide Park Lands Trail, connecting key State Government housing developments to the city while improving accessibility, biodiversity, and active travel outcomes.
City of Adelaide Budget Allocation	Not as a result of this report
Capital Infrastructure Projects	Not as a result of this report
Life of Project, Service, Initiative or (Expectancy of) Asset	Dependent on type of asset, with asset life expectancy between 10-50 years.
Ongoing Costs (eg maintenance cost)	Enhanced/upgraded and new features will require corresponding asset and ongoing maintenance budgets.
Other Funding Sources	Not as a result of this report

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# Discussion

## Purpose

1. The purpose of this report is to present the Adelaide Park Lands Trail Rest Stop Design Guidelines document (the Guidelines) (**Attachment A**) and provide a short presentation of the accompanying digital tool which shows the location of existing and potential future rest stop locations.

## Background

2. The Adelaide Park Lands Trail is an existing continuous 19.5km shared-use loop encircling the Adelaide Park Lands, providing a scenic route for walking, cycling and recreation while connecting key open spaces and destinations around Adelaide.
3. In some locations, the Trail provides connectivity to the Greater Adelaide strategic walking and cycling network, through established bikeways and greenways.
4. Typically, the Adelaide Park Lands Trail includes a 3 metre to 3.5 metre sealed surface, tree-lined edges and a consistent character at path intersections, road crossings and rest points. Lighting is strategically provided to key sections of the Trail based on levels of night-time use.
5. The Adelaide Park Lands Management Strategy – Towards 2036 (APLMS) ([Link 2](#)) identifies improvement to the Adelaide Park Lands Trail as a strategic priority with a focus on greater connections, safer crossings, greening and improved wayfinding with an aim to develop a continuous/unbroken trail linking the Adelaide Park Lands.
6. The City of Adelaide's Disability Access and Inclusion Plan 2024-2028 includes a goal for 'Infrastructure that helps people move around and navigate the city' and a commitment to 'Improve the accessibility of the Adelaide Park Lands through the installation of rest stops and accessible crossings.
7. The City of Adelaide has progressed several background reviews and studies that have informed the development of the Adelaide Park Lands Reststop Guidelines. These include:
  - 7.1. Adelaide Park Lands Trail Improvement Plan (ARUP) (2023) – identified missing links, safety upgrades, lighting, greening, crossings, and consistent path standards. ([Link 3](#))
  - 7.2. Adelaide Park Lands Trail Wayfinding Improvement Plan (Arketype) (2023) – recommends consistent signage, colour-based wayfinding, and digital tools to improve legibility and identity. ([Link 4](#))
8. The Guidelines build upon internal assessments aimed at guiding improvements to the Adelaide Park Lands Trail.

## Adelaide Park Lands Trail Rest Stops Design Guidelines

9. The City of Adelaide commissioned Clover Greenspace Landscape Architects in early 2025 to assist in the development of guidelines to enhance accessibility and inclusion along the Adelaide Park Lands Trail.
10. The consultant team presented initial concepts to the City of Adelaide's Disability Access and Inclusion Panel, an advisory body to the Administration, in May 2025.
11. The Disability Access and Inclusion Panel provided valuable insights and lived experience to the consultant team. This feedback included advice on the distance between rest stops, the types and styles of preferred seating and accessibility considerations.
12. Input and feedback was provided by the Office for Design and Architecture SA (ODASA) and Administration.
13. The resultant Adelaide Park Lands Trail Rest Stop Design Guidelines (**Attachment A**) provide a framework, practical guidance, and supporting research to inform the location and context-specific design of rest stops, including:
  - 13.1. Project purpose
  - 13.2. Strategic context from State Government and City of Adelaide policies
  - 13.3. Benchmarking of best-practice design principles
  - 13.4. Analysis of the Trail and user experience; project vision, design principles and objectives; a hierarchical rest stop framework
  - 13.5. Concept designs and retrofit approaches; furniture, materials and planting palettes; guidance on lighting, wayfinding and technology
  - 13.6. Stakeholder engagement outcomes

13.7. A distilled set of practical Design Guidelines for consistent implementation.

### Implementation

14. A digital Master Plan has been developed to support the forward planning and delivery of improvements to the Adelaide Park Lands Trail.
15. The digital mapping enables detailed coordination of proposed rest stops, signalised crossings, greening initiatives, and other Trail enhancements, while providing a platform to prioritise actions, guide future investment, and monitor progress.
16. The tool will assist the City of Adelaide in integrating Trail improvements into ongoing asset management, active transport planning, and biodiversity initiatives, ensuring a coordinated, evidence-based approach to implementation.
17. The Master Plan considers and prioritises high-use areas of the Trail and key connections to existing networks, including the River Torrens Linear Trail.
18. It draws on key elements from previous technical reports and includes a proposed network of rest stops based on the established hierarchy, improved wayfinding, signalised crossings, expanded greening, ecological and biodiversity planning, and identification of quick wins and priority actions.
19. The potential for rest stops to serve as biodiversity stepping stones is also being considered to strengthen ecological links between Key Biodiversity Areas within the Adelaide Park Lands.

### Next Steps

20. The next phase of work, pending budget allocations yet to be determined, will focus on the development of design standards for the Adelaide Park Lands, which aim to:
  - 20.1. Provide a clear and consistent framework for the design of paths, public realm infrastructure, stormwater infrastructure, and urban elements within the Adelaide Park Lands.
  - 20.2. Guide future upgrades, renewals, and new developments to ensure outcomes provide good design quality, are inclusive, and durable.
  - 20.3. Align with the Adelaide Park Lands Management Strategy – Towards 2036, the Adelaide Park Lands Building Design Guidelines, and the Office for Design and Architecture SA (ODASA) Principles of Good Design.
  - 20.4. Establish a shared reference document for the City of Adelaide, consultants, contractors, and partners delivering works within the Adelaide Park Lands, supporting coordinated and consistent implementation.
21. Once developed the Adelaide Park Lands Design Standards will include the relevant elements of the proposed Adelaide Park Lands Trail Rest Stops.

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## Data and Supporting Information

**Link 1** - [Park Lands and Open Space Asset Management Plan](#)

**Link 2** - [Adelaide Park Lands Management Strategy – Towards 2036 \(APLMS\)](#)

**Link 3** - [Adelaide Park Lands Trail Improvement Plan \(ARUP\)](#)

**Link 4** - [Adelaide Park Lands Trail Wayfinding Improvement Plan \(Arketype\)](#)

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## Attachments

**Attachment A** – Adelaide Park Lands Trail Rest Stop Design Report

**Attachment B** - Presentation to Kadaltilla / Adelaide Park Lands Authority – February 2026

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